

**AUM 2022:  
Collective Yoga and the Legacy of Sri Aurobindo**

**August 11-14, 2022**

All times are in Pacific Daylight Time (PDT)

*Please note: Starting times change from day to day!*

**Thursday, Aug 11**

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- 9:25–9:30: Zoom room opens with music
- 9:30–9:55: Sangeetha Sriram & Rajiv Natarajan: **“Vedic Chanting”**
- 9:55–10:00: Welcome and Invocation
- 10:00–10:50: Debashish Banerji: **“The World Crisis and the Need and Way to Exceed the Human”**
- 10:50–11:20: Breakout rooms followed by Q&A for Debashish
- 11:20–11:25: Group Meditation
- 11:25-11:55: BREAK
- 11:55–12:00 Zoom room opens with music
- 12:00–12:20: Musical Meditation, Welcome, and Invocation
- 12:20–12:50: Lynda Lester & Mateo Needham: **“Why Collective Yoga?”** and **“Zoom-Circle Best Practices”**
- 12:50–2:00: **Collective Introductions** (three small-group breakout sessions)

## Friday, Aug 12

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- 1:55–2:00: Zoom rooms opens with music
- 2:00–2:15: Musical Meditation
- 2:15–2:25: Welcome, Invocation, and Group Meditation
- 2:25–3:15: Pravir Malik: **“A Practical Approach to Leveraging Powers within to Build Organizations of the Future”**
- 3:15–3:45: Plenary Discussion and Q&A with Pravir
- 3:45–4:10: BREAK
- 4:10–4:15: Zoom room opens with music
- 4:15–4:30: Musical Meditation
- 4:30–5:15: Marco Morelli: **“COSMOS, a Living Laboratory—How a Cooperative Embodiment of Integral Yoga Could Contribute to the Creative Evolution of our Becoming-in-the-World”**
- 5:15–5:45: Plenary Discussion and Q&A with Marco
- 5:45–6:00: Closing and Musical Meditation

## Saturday, Aug 13: Collective Yoga Workshop

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- 10:55–11:00: Zoom room opens with music
- 11:00–11:15: Welcome, Invocation, and Group Meditation
- 11:15–11:35: Sri Aurobindo Association: **“Tools and Methods for Connecting”**  
Lynda Lester, Mateo Needham, & Jonathan Kay
- 11:35–12:25: Small-Group Breakouts
- 12:25–12:35: BREAK
- 12:35–12:45: Music, Invocation, and Group Meditation
- 12:45–1:05: Shree Hindman, The Mother’s Center: **“Circle Work as a Tool for Collective Sadhana”**
- 1:05–2:00: Small-Group Breakouts
- 2:00–2:55: LUNCH BREAK
- 2:55–3:00: Zoom room opens with music
- 3:00–3:10: Music, Invocation, and Group Meditation
- 3:10–3:30: Susan Curtiss & Rick Thomas: **“Creating a Receptive Space for An Experience of Human Unity”**
- 3:30–4:25: Small-Group Breakouts
- 4:25–4:35: BREAK
- 4:35–4:45: Music, Invocation, and Group Meditation
- 4:45–6:00: Plenary Discussion: **“Workshop Experiences, Insights, Discoveries, Challenges, and Future Possibilities”**

## Sunday, Aug 14

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- 1:55–2:00: Zoom room opens with music
- 2:00–2:25: Musical Meditation, Welcome, and Invocation
- 2:25–3:10: Rand Hicks: **“Sri Aurobindo beyond Boundaries”**
- 3:10–3:40: Discussion and Q&A with Rand
- 3:40–4:05: BREAK
- 4:05–4:10: Zoom room opens with music
- 4:10–4:20: Music, Invocation, and Group Meditation
- 4:20-5:45: Closing Circle: **“Possibilities for Collective Yoga Going Forward”**
- 5:45–6:00: Closing and Musical Meditation