

Spring 2001

Journal of the Integral Yoga of Sri Aurobindo and the Mother

Vol. 27, no.1



ALL - POETRY ISSUE

A poet's letter from Auroville • Meeting with divine truth • She is all sweetness

Gratitude • Soul's silence • The mad sannyasin
... and more ...



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About SAA: The primary purpose of the Sri Aurobindo Association is to distribute information about Sri Aurobindo, the Mother, and Auroville and to support various projects related to the Sri Aurobindo Ashram, Auroville, and Integral Yoga activities in America. Current officers: David Hutchinson, president; Vishnubhai Eschner, secretary; Marta Belén, treasurer: Lynda Lester, vice president, Collaboration; Chandresh Patel, vice president, Money-Power Project; Kalpana Patel, vice president, AUM 2001; Bhuyana Nandakumar, vice president, Collaboration archives and nonprofit organization; Theresa Boschert, vice-president.

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## Introduction

The editors of Collaboration decided some months ago to put together a poetry issue. I volunteered to be the guest editor because I thought there would be so few submissions that most if not all could be printed in the issue. I was surprised to receive more than 300 poems! It was a true pleasure to read them; poems embody the individual in a way no other art form does. The struggle was in deciding which to include.

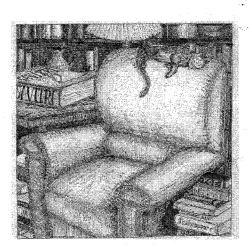
#### Criteria for poems:

- related to spiritual life and the inner self
- diversity of expression
- individual approach and viewpoint
- expressive use of language

When they began to arrive, I was so excited about the quality of the poems that I decided to integrate the entire issue towards poetry, including the Apropos section and the cover.

I have tried to include poems in a variety of styles so that you will be tempted to read the entire issue at once! I have also made every effort to choose poems of the highest quality so that you will be inspired to come back to them again and again. To everyone who submitted poems, thank you so very much. We will keep them on file and include as many as possible in future issues.

Marta Belén, guest editor



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#### About the cover

Artist Kirsten Zadekia Xanthippe created the cover especially for this issue of Collaboration. A limited edition is available for purchase. For more information, please contact Collaboration at: editor@collaboration.org.



# New letters on Yoga

#### From our readers

Just saw the Fall/Winter issue of Collaboration and enjoyed "The Triple Time Vision" by Dave Hutchinson, the quotes on the last page, the Quiz, humor and in general everything else too. I also liked a lot the quotes from The Life Divine on the last but one page. The interview with Udar Pinto by Anie was interesting too... I enjoyed reading the entire...waiting for the next one. —Kamal Shah, Pondicherry, India

My congratulations on the splendid issues of *Collaboration*!—Seyril Schochen, Crestone, Colorado

Collaboration arrived yesterday and I started reading it last night. It is a great issue. They get better and better. I just love the account of Michael's trip to Greece and his hilarious experiences with Ananta. I had heard some of the story but not the "whole enchilada" as they say!! —Anie Nunnally, anie@earthlink.net

I love the inclusion of humor. Had a great chuckle with "Proof of A. I." More!—Sally Walton, SWalton393@aol.com

Congratulations on the best issue of Collaboration in history! —Vishnu Eschner, vishnu@lodinet.net

Just a note to say that I loved the Fall/Winter issue of Collaboration. Good spread of poems. Also, the cover "Sunlight on snow" was great.—Joseph Kent, sunli8@msn.com

I was thrilled to see one of my art pieces published in the latest *Collaboration* issue. It is such an honour for me, as if I am recognized by Mother and my brothers and sisters. —Catherine Blackburn, c.blackburn@sympatico.ca

Correction: In the last issue of *Collabo*ration we printed a poem by Sharon Winnett called "Listening." Instead of "facing the rabid world with calm" the line should read "facing the rabid wolf with calm."

Correction: In the last issue of *Collaboration* we published an interview with Udar Pinto by Anie Nunnally. Please note the following changes: (1) The name of the street where the Pinto family lives is Rue St. Gilles, not Rue Dumas; (2) the accompanying photograph of the woman with the cat is Gauri, their daughter, who was misidentified as Mona.

Correction: In the last issue of *Collabo*ration a schedule of lectures at Cultural Integration Fellowship in San Francisco was listed. The June 17 lecture has been cancelled.

## Source material

From The Future Poetry and Letters on Poetry, Literature and Art by Sri Aurobindo.

he aim of poetry, as of all true art, is neither a photographic or otherwise realistic imitation of Nature, nor a romantic furbishing and painting or idealistic improvement of her image, but an interpretation by the images she herself affords us not on one, but on many planes of her creation, of that which she conceals from us, but is ready, when rightly approached, to reveal. —page 25

[The poet] sees beyond the sight of the surface mind and finds the revealing word, not merely the adequate and effective, but the illumined and illuminating, the inspired and inevitable word, which compels us to see also. —page 24

It is the significance and spiritual function of art and poetry to liberate man into pure delight and to bring beauty into his life. —page 206

Art for Art's sake certainly; Art as a perfect form and discovery of Beauty; but also Art for the soul's sake, the spirit's sake and the expression of all that the soul, the spirit wants to seize through the medium of beauty. In that self-expression there are grades and hierarchies, widenings and steps that lead to the summits. And not only to enlarge Art towards the widest wideness but to ascend with it to the heights that climb towards the Highest is and must be part both of our aesthetic and our spiritual endeavour. —page 335

The poet has to do much more than to offer a precise, a harmonious or a forcefully presented idea to the intelligence; he has to give a breath of life to the word and for that must find out and make full use of its potential power of living suggestion; he has to make it carry in it not only the intellectual notion but the emotion and the psychical sensation of the thing he would make present to us; he has to erect an image of its presence and appeal with which we can inwardly live as we live with the presence and appeal of the objects of the actual universe.

—page 269

The soul of the poet, and the soul too of the hearer by a response to his word, enters into some direct contact through vision and straight touch and emotion, possesses and feels at its strongest a union in our own stuff of being, a moved identity.—page 220

A soul expressing the eternal spirit of Truth and Beauty through some of the infinite variations of beauty, with the word for its instrument, that is, after all, what the poet is, and it is to a similar soul in us seeking the same spirit and responding to it that he makes his appeal. —page 39

...it is not sufficient for poetry to attain high intensities of word and rhythm; it must have, to fill them, an answering intensity of vision.—page 36

The essential power of the poetic word is to make us see, not to make us think or feel; thought and feeling must arise out of or rather be included in the sight, but sight is the primary consequence and power of poetic speech. —page 24



## The Poems

## A poet's letter from Auroville

by Gene Maslow

I will write poetry,—
but not yet awhile...the fields of peace
from which much future poetry must spring
to reach the hearts of men are not yet quite laid.

I will write that poetry and perhaps now that poetry of the future prepares itself...

in the experience of events never before encountered on the face of the earth...or, perhaps now that poetry of the future is being etched on some far-guided heart and by another's hand it will be written once it finds a place of love to come to rest—a poetry then that will be a torch of truth calling the world to the arms of Her love and unity.

That place must be a bed prepared for a bride of the new morning...some place above the horizons of life where the poet of the future may be opened to dream only of the sacred delight for which he was especially born.

That poetry is to be...but to be and live and mature, to reach its destined heights, a place must be made for its birth, a cradle of consciousness prepared from the new stuff of heaven and earth.

I will write poetry,—but not yet awhile...

for the future of poetry and the world depends now on the nature of something She is establishing here in Auroville, and for that to become more concretely sure the hands of action are called foremost. Now the building must take place; a progressive seeding

of the green fields of consciousness to grow more deeply than the proliferative weeds of chaos are growing widely, a preparation for the bloom of peace in a life lucid, filled with the opportunity for faith and cheerfulness and the ways divine.

So I will write poetry, but first the plowing, the growing and the tending of the fields divine. Is that not better left to the artists, than to the businessmen alone or to the uninitiated? If the artists do not care enough for the substance

of the matter, how can we expect the roots and the tree to grow with the poise of a natural harmony, a dynamic integrality, a touch or spark of something from beyond?

Something more than practical conveniences devised only for the ease of mind and body. Something more than getting stopped short, caught in the charmed net of transient

pleasures lost in Prakriti's round of passions.

To you, I can say that "that something" is tangibly related to the poet of the future, and whether he is in my breast or another's, I dedicate myself to preparing the ground upon which he can be born, in the name of Sri Aurobindo, who, above all his work and ways, enjoyed knowing

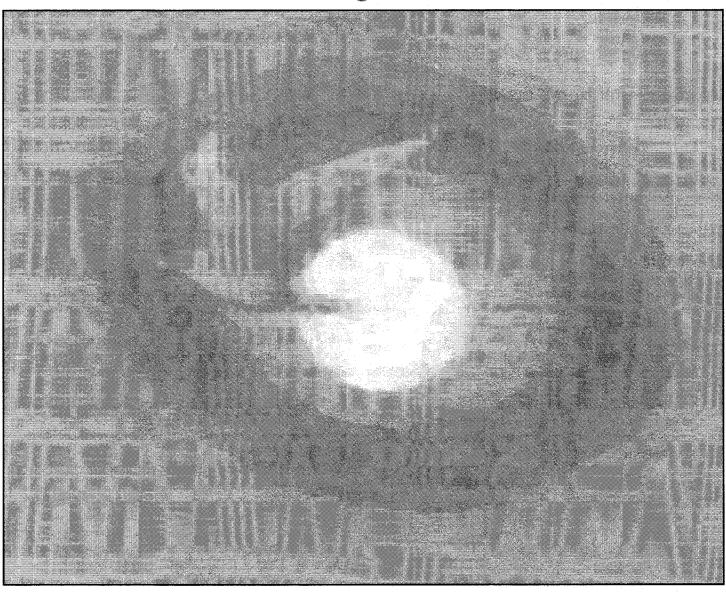
himself as The Poet.

I will write poetry...or perhaps I am trying to help create a poetry in Life, whatever, it is not quite yet awhile, O Lord, not until the waters flow over these harsh desert grounds

and a garden grow with an air on which may cling all love's responsive things.







Bird in the Sun. (Drawing by anonymous sadhika)

## Joy

by Sharon L. Winnett

Joy resting on the wing of a bird flying free free from inadequacy without aim, goal, or purpose free to really be just a bird on the wing of the flight high in the sky



### **Appearances**

by Joseph Kent

The mystery of the puzzle surrounded us in our darkness

Could we ever discover the magic, transmute the gloss of our elusive world

into earthly delight in the eternal dance of a mysterious universe?

True, a drear existence seemed the lot of many on the earth

though ancient vedic seers had affirmed the world in original luminous vision

We struggled, dreamed in the stark reality

The human strife Misery of the streets

And there was delight!

For they dwelled side by side in the teeming cities of our world

In the pilgrimage of the journey we plodded on in penurious wounds

questing toward Fire and the lift to a better state

And on oracular paths the conundrum was unriddled, the mystery

illumined in the flame Life blossomed, transfigured,

redeemed in light We saw this world

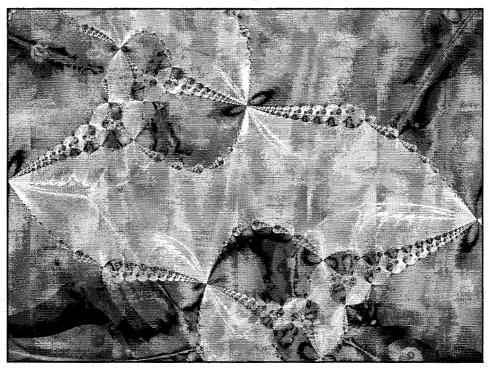
just as the ancient seers as the beatitude

of Brahman, eternal radiance of the Divine



Joseph Kent at Sri Aurobindo Ashram dining hall gate. (Photo by Wayne Bloomquist)





Flint. (Fractal art by Jim Hurley)

## **Meeting with Divine Truth**

by Vanessa Henshall

I have met the blackened doors of waste The brilliant suns of many gates A fistful of offerings, nothing to waste... The path of human destiny I have met In a single cell of certainty, In universes of infinity. The collective molten, breathing spark That yearns and achieves its altruistic mark. Freedom from the body made of dust, a heart Free to trust, to know the obscure dances of Divinity, a living truth to free other beings, Providing the keys, unlocking symmetries To a world from within and without through self-mastery. And the wonders, the powers of luminous ground That stand at the edges of eternity, with the sounds of Truth's melody, as it plays multilevel melodies of diversity It all resides in the deepest levels of me... And in every other being I see.



## **Humility, my elusive friend!**

by Chandresh Patel

O Humility, my elusive friend!

When heart and mind were young and green,
You and I were ever so close at every bend,
Learning came natural so did our mutual preen.

Mind grew rigid and heart took a slide, Ego began to rule and life became slight, Things were taken for granted, and you took a hike, Mind took reign and ignorance gripped tight.

I prayed for Grace, took shelter in Surrender, Period of calm and peace, lifted me from down under. Euphoric joy and intuition bellowed with thunder, But ever so vigilant Ego, cut the progress asunder.

From within came a query pointing to the trust,
"Where is Humility, your guiding, shining light?"
We did part O friend, but meet again we must,
To charge forward on the journey, holding our friendship tight. (right)

#### Soul's silence

by Nirodbaran

O silence of the infinite Soul, Settle in my heart; Make each beat of its mortal hour A fathomless part

Of thy unimaginable deep; My growing mood, A motionless inscrutable fire Of thy solitude,

Unmarred by the foam of timeless waves That rise and fall Along a verge of wandering dream Beyond earth's call.

The luminous distances of life Slowly retire From the interruptions of dim thought Into a higher

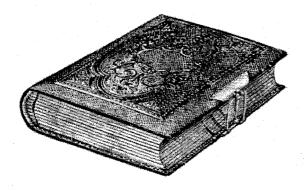
Existence, where forever cease All cry and stress And vain shadows in a rhythmic sea Of inwardness.



## Come, I am here

by Timothy Jacob

Great voices are calling, calling you,
Buoyant on warm earth scents and spring blossom air,
Whispering, whispering through new tree leaf,
Seeking the seeker of gentle sunlight.
The voice of a child only will float on that air,
Lighter than spring and subtler than scent,
Growing great in the answer, Come, come, I am here.



#### **Time**

by Shyam Kumari

Every yesterday is as unknown As the hidden far-away future. We know not what is there On those shores, still unexplored. Nor do we comprehend the purpose Of those we left behind. As a word in a sentence, an act in a play Can't explain itself, Until we unveil the whole. So past and present Will unfold their mystic and Divine purpose When out of the reach Of present desires, actions and reactions Their truth will rise Submerging the ego. Only then the radiant future Will link itself to the pregnant past. And we shall know that the one Was a prelude and the other a finale Of a destined God-willed march through the present.



## **Eternally now**

by Gale Arnold

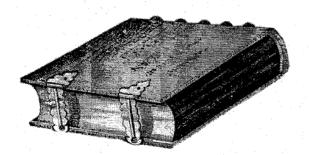
Eternally now

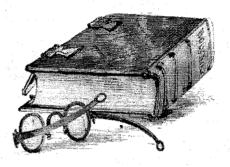
Dappled light
Diamond glistening
On dew-dropped leaves.
Sistine Chapel Wings
Flutter, then flit
Before my foot falls on the path.

I stop, caught in the moment To take a breath In wonder.

O the magic here! Remembering I behold in pure delight This blue-winged, Orange lighted, Multicolored flight.

Joyfully, Breathlessly Eternally now in this moment I am.





## Vision

by Alicia Torres

Just as I sing with the voice of the ancestors I sing too with the voice of the one I will turn into when the unpredictable light of Vastness touches me with its grace, making me grow wings, another eye, and even moon horns, to fly, blazing and cryptic, in this summer evening and blow over a paper sheet intimations of tenderness or some vegetable vignette that will prefigure dauntless plenitude.



## Moonlight

by Vigyan Agni

In the moonlight's musing monument,

Where a pedestal of peace becomes the form of Nature,

And the unseen movement of stars notes the night-time's paces,

Or the gate-way entry of the crickets' note of internal communications,

A partless presence profound in the spread-out embrace of the trees and little forest next to my homestead,

Steeps the evening's circumstance in an unhurried fullness and dream-framed wonder.

I lean on the stillness as on a couch of comfort and reap the solicitude of Nature's deep hush,

I come to this well spot of fancy where is the world bathing coolness of the moon's rays And see in the quarried tablets of thoughts, deep and sublime, a something of the evening's contact with far worlds and soul contours,

As if the recognized province of the things we deem sublime, begins to be felt, here openly in the moonlit air.

Standing in shades of sleep, the trees mirror the estimation and the high based regard in the forest's prosperous rest;

The borrowed luminous play of light 'pon their branches, cool and easy to the eyes, contemplates nightfall's foresight and significant notation,

And in the distance a fever bird's graded intonations grants the shrill of its suggestive perception to the topic

And too, the people talking at the outside dining table 'neath a high-mounting keet roof, Bring to the visual calm of the bright rayed surroundings, their own deep meaning in the artistic cogency of their voices,

Like a recall or memory of an infinite hint or glimpse of the journey of human lives and a history of the stars or the musing on the profundity of this moon's bright blanket of rays covering the land.

Cruising on the stillwaters of the sky, a flotilla of occasional cloud arrive with their sails of silver brilliance;

Vessels of beauty voyaging through realms of bright dream,

They command the uncharted waters of the ocean sky with their high masted craft and heavenly designed stern and a mystical prow cutting the star-swept fields; Bright with the moonlight's glare and vibrancy the rooftop of my house or the trees around witness the lightness and limpid inwardness of the cloudy fleet.

Against a background of dark blue, adrift on a starry purport poised on the profundity of life's ulterior perspective,

This lovely orb spreads its splendour 'round about the pulsation of the evening's momentous passage through the hours;

Or like a round hole in the heavenly curtain of the night sky, behind which are realms of boundless brilliance,

It seems as if carved from quarries of a light which lifts high the soul sense and sheds a ray upon the depths of soul opening.



## The struggle

by Mary "Angel" Finn

As I look back in the past
When I didn't have a dime,
No food, no shelter but
plenty of time.

So cold and so hungry the nights were very long;
But there was someone watching who made me very strong.

Day by day was a struggle and
I was feeling very low;
She was watching even then and
I didn't even know.

Her arms were wrapped around me and guiding me every day Then sent me someone special to help me on my way.

He taught me about The Mother and now I really know

It was She that watched and cared and taught me how to grow.

The past is far behind me, but
I'll never forget the days
I was taught about The Mother and
all Her gentle ways.

So as I get into my bed and then put out the light,
I thank Her oh so deeply—
Goodnight, my Mother, goodnight.



## Starry night

by Joseph Kent

Starry night in June

I climb to the silence of my roof overlooking the bay.

Above, the stars...

Galaxies adrift. A sublime arching over and under of this cosmos.

And here, this terrestrial sphere—this earth awaits release

of her silvery realities to come.

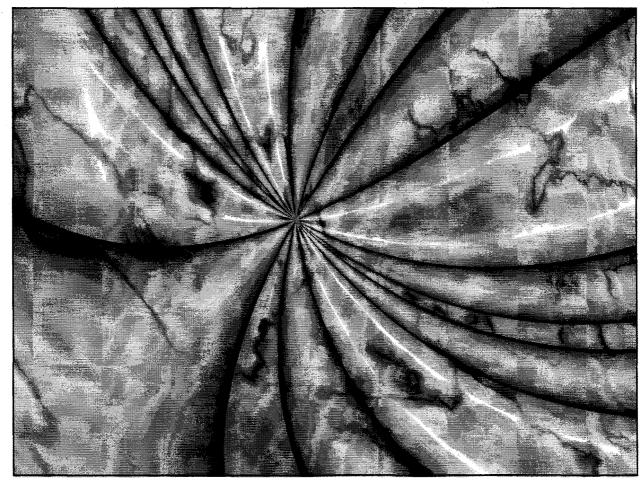
### I Am That

by Rose Kupperman

The wind, the rain, the sun, a particle of everyone.

Alone I am no more than a wisp of wind, howling or gently blowing.

Just a movement until
I am harnessed to one and all.
Then may I seek the Source—
that force which created
the wind, the rain, the sun—
created us mortals.
To seek and find the inner core—
that spark of light—
that lies hidden in everything that is.



Agate lace. (Fractal art by Jim Hurley)



## Vedapuri

by Joseph Kent

The sun beamed down on the Bay of Bengal in Pondicherry, known in earlier times as Vedapuri, "the city of Vedic Illumination." In the morning I walked along the Marina Drive toward the Gandhi Memorial on Goubert Salvi Beach Road.

Tamils sped by the sea wall on motorbikes or in busy cabs. Crows shrieked in the tropical air and lush trees.

I gazed out at the cosmic horizon to radiant waters, recalling the "waters of multiplicity" in Sri Aurobindo's symbol, which represent the creation, the lotus blossom floating at its centre in the central square symbolizing the perfect manifestation and the "Avatar of the Supreme."

The symbol's descending triangle is *Sat-Chit-Ananda* and the ascending triangle stands for the "aspiring answer from matter under the form of life, light and love."

On the blue waves—evoking the Supermind—the lotus symbol appeared to my subtle sight in love breezes of the Indian sea.

Endless shores stretched under cumulous clouds north and south. I searched the shoreline of the subcontinent whose palms sway in monsoon rains, coastal seawinds, cyclones, and torrid heat.

In my first view of the Bay, I was startled by the sea's astonishing beauty in one of its glorious personalities.

I dwelled on the symbol's eternal meaning and the triple poised Brahman.

In the streets water buffalo drew carts, cows lumbered past hawkers, goats, beggars. Urchins frolicked. Dusky maidens smiled in saris on the promenade.

Is it not here in matter that we must manifest the Life Divine? O world to come!

Often I reflect now on the symbol. I recall flowers and pilgrims, spray and cresting surf and winds of ananda from the Bay of Bengal, the Samadhi and peace that passeth understanding...

## Life's joys

by Nirodbaran

Life's joys and sorrows mingle in one wave, Into one melody its pattern cast; The self-same monotones unending last Down to the flickering moment's snow-cold grave.

Brief figures born of passion's flaming thirst Are broken up like boats on a nameless sea. What was love's smile of burning rose at first Chills in the veins, like a frozen memory.

We lose, yet gain our spirit's hidden gold By cruel sacrifice of earthly ties; Even if life bleeds, it shall receive the mould Of the Supreme's fire-touch and heavenward rise.

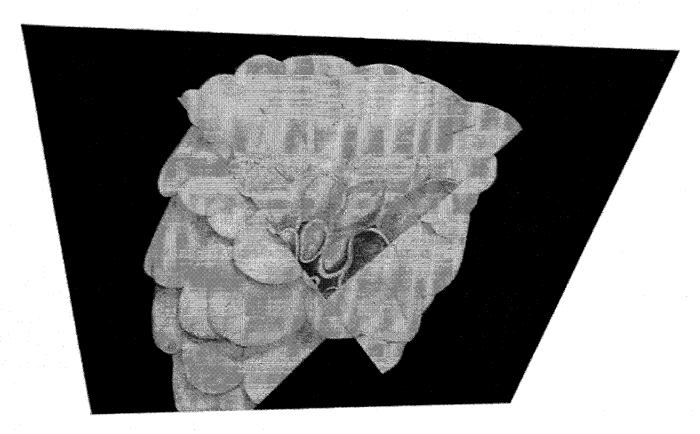
Nature's impetuous urge behind the call Leaps to the highest height embracing all.



## **Only for Thee**

by Shyam Kumari

For Thee only, O my Love, I coax beauty to my side And accept the fools and the depraved For they also are Thy reflection. For human love and friendship I do not pine Though on this altar the poets offer their lives. Rather I strive for purity, for perfection, And of knowledge and valour I try to make my constant companions. I strive to be equal to the enemy and the friend And exult not at destiny's brightest smile And I sob not when cruel doom strikes. Always I strain to reach the Ideal's elusive stride. Futile are my efforts and abject my failures, Too difficult are the steps to Thy topless mansion. Let me now dive and take refuge In Thy fathomless compassion.



Folded dahlia. (Fractal art by Jim Hurley)



## Come, and on my shoulder lean

by Meenakshi Ramachandra

Come, and on my shoulder lean,
Oh, dew drop!
Come and hold my wrist,
And if your further want to fall,
I will become a Thumbai flower,
Blossoming.
I am waiting.
And have placed a white chair out
Especially for you.



#### Gratitude

by Wayne Bloomquist

As I sit here and ponder my fate Many thoughts flow through my mind; can I catch one or two or three and know thy mystery? As I stand back and let the thoughts disappear A presence comes over me; I feel a movement of boundless energy. It moves silently and swiftly and sweeps me up in its current. Is this the mystery? My heart becomes filled with gratitude for what I know not. I feel unbounded love for no one but thee. Are thou loving thyself? What is this game? Can thou know thyself better now? Or is this only the beginning of greater things that thou may do? I wait in the silence and the mystery continues, but somehow I know that I have been somewhere and that I am going somewhere. I am in the middle of a grand journey and I call this the present.



## A walk into God

by Matthew Smith

As I walked down the path of doom Cramped by death as there was no room I wondered what it would be like in hell Would it be burning hot as stories tell

I walked on and on down the endless road Thinking about my future abode Looking ahead into the pitch black hole With not a single body to bear a soul

And as I was about to reach the end Turning around the last death bend I saw the gods in my head Full of life, not at all dead

> Turning the final bend all was bright For before me sat a heavenly sight A being too pure for the mortal eye A thing too deep that can never die

Then I realized I was not alone I had my mind, my heart and bone Then it became more clear in my mind The lord of all I finally did find

> Then I found that I was, Just as everybody does, In my soft heavenly bed For that strange night was finally dead.



## **Sacrificial Mountain**

by Rod Hemsell

On distant peaks
Of purified mind
Beyond your immovable calm

A flame is born That bursts into form Above the outstretched earth

And in its rays Your jeweled streams Dissolve in diamond light.

On distant peaks
Of purified mind
A flaming sun in born

Consuming every form In waves of solid might It fills your emptiness

With rays of pure delight And flows in your silent depths Like flames of golden fire.



Sacrificial mountain. (Drawing by Rod Hemsell)

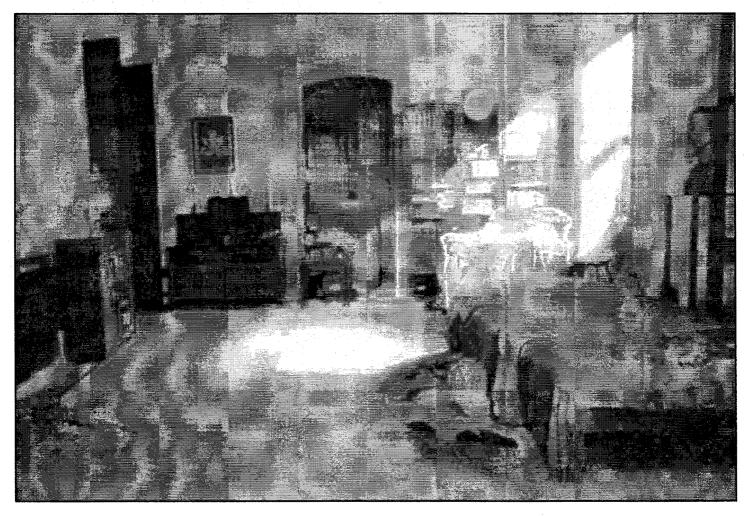


#### Sri Aurobindo's Room

by Gordon Korstange

Carefully shut-in silence comes out to greet us, graciously yet stern. It is portioned out by sentinels keeping us awake through the mid-day heat. At noon, one-by-one, from different corners of the room, the clocks call us back from many edges. Did he too make long journeys through golden worlds beyond the gates of time toward their faint cacophony? Did he return even on that last midnight when he was losing interest in the tedious mechanics of the beating heart?

The clocks tick on, oblivious like us to the far side of the sun except that old one, beside the bed, stopped at 1:26, waiting in stillness for the dawn of a different time.



Another light. (Photo of Sri Aurobindo's room digitally re-touched by Vishnu Eschner)



#### **And She Abides**

by Kamalakanto Mukerjee (from Petals and Sparks, 1988)

Hushed was the midnight, In my being a sigh, And I knew it not why! An anguish,—a fight To repress my idle cry Rose in my deepest core, But I knew it not any more; Then dawned the day. Like a bolt from the blue, The news rang tearfully true; She that was Love and Light Had withdrawn Her ray. She that was the Life of our lives Had cast Her mortal life away. She that was the world's Aspiration, She that was a pure Flame, And Hope in the deeps of our heart, Can She ever, ever depart, Till this earth has gained acclaim, And shared Heaven's richest fruition? May,-nay, still She guides, In the yearning heart abides; The Immortal in mortality's dress Who trod this earth only to bless, Still in the aspiring heart abides. Still Her hands are ready to succour Her children, to gain their godly dower; In our mortality She forever resides.



Mother of cosmos. (Digital art by Vishnu Eschner)



#### Water and Milk

by Karl Kempton

Anchored to the wind that blows what chased this we call freedom

a handful with a teacher who shines like the close full moon at night and millions follow the sound of falling coin

to numb grief's known hidden root drugs fog a moon brighter than day's sun

shriller the claims of freedom while the numbers of trapping nets increase

some believed the false rumor of God's death now a faith claims teachers of spirit obsolete if running for gold in the Olympics who doesn't look for a coach

teach yourself, learn from the untaught and pass water off as milk

scan village town and city for a song of day in night made by a mapless wanderer

can a word be lifted off a page to answer a question there are no manuals for this plumbing job

the Friend is like a cow having eaten Love's grain full of the milk of experience

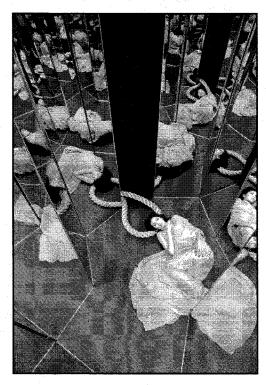
the Friend walks through any and all crowds unrippled bowl of milk in palm to wean the ready from the bitter dregs shoving you and me — leaf puppets in the wind —

all one needs is the desire for a sip and the Friend appears at your side the shape of the desire is between you and Him and one day Him becomes Hi(')m

## Offerings

by Shyam Kumari

Dark are my moods, Obscure my offerings-O moon-bright Beauty, Wilt Thou not accept the shadows of my soul? Poisons are not deadlier than The lurking enemies in my being-Unlovely thoughts and wicked wraths. The glories of a victorious hero I lay not at Thy feet, But rather my trivial fears and demeaning weaknesses. I bring not incense in argent hands, But weave Thee a garland Of my dire deeds and empty creeds. O Love, thus only Thou must accept me; Then freed forever I will walk In tune with They high steps. All my falterings transmute, O Mother! Into the mighty ways of the Gods.



Mirrors. (Photo by Marta Belén)



## Destiny

by Clyde Whalen

Our lives are measured in coins of time.

Lavished or hoarded—

No matter, we all die broke.

Survivors pick up the pieces

Nightmares are negatives of our souls as, guilt-ridden, we seek escape in panic flight across the alien landscape of our dreams.

Doomed by birth to death, to quit this noisy earth for eternal silence, who can blame one for believing in immortality even while sensing it is improbable.

Perhaps the closing scene will catch the final truth. Matter cannot be destroyed, it can only be changed. No beginning? No end? Only change? Will we ever know what we'll be changed to?

#### **Unlimited**

by Sharon L. Winnett

small world of appearances limiting mind rules the stage smoke and mirrors game foresight hidden blocks our view created in His image. severed from the source division breeds misgivings existence's true course. still small voice imprisoned poignantly unheard. leap of faith dives deep into a shimmering pool illuminates the mystery penetrates the Gate freedom spreads her wings silence focuses our plight plan of the Unlimited we are here to serve.

#### Sun smile

by August Timmermans

It began as an ache reading could soften not dissolve Aspiring through the Dark Digging a tunnel until there was The Spark A tiny Ray comforting At last, it could be amidst all that do not know A long time it takes to Grow Penetrating Life Wrestling with Obstacles Defeat is often announced Yet strength always triumphs Weakness and strength alternating Opening Upward the answer Convincing is Your Strength My Great Mother Conquering my weakest link I can see that change is the right movement in the right moment Patience is Yours too and Love and Tenderness Make me wish I were there with You Until then You give me the Strength of the Sun Smile



## Fence project

by Larry Seidlitz

Beneath Her blazing sun We toiled with peaceful sense, Erecting posts and planks For Mother's Ashram fence.

The roar of the power-bore, The crash of the hammer's play, Were all a part of Her Delight for us that day.

We felt Her sweet embrace Beneath the surface din, And knew a deeper work Was being prepared within.

A new creation's base Was laid within our hearts, A framework built of love, One Truth with many parts.



Dave, Larry, and Vishnu building fences. (Photo by Girish Mantry)

#### Untitled

by Douglas Clark Manley

I just thought that thought was me.
But then I came to see
That thought was thought and what I thought
Was different from the me.

## The mad sannyasin

by Dick Batstone

Do not speak to me of richness or poverty, Of how to wear my rags or of what to eat. Do not ask me where I shall sleep, For I live in the house of timelessness.

Men count their properties and their riches, But I count the sands of the sea-shore, And the handfuls of stones in the river-beds, For I am in the house of timelessness.

The sun and the green earth, what are these? I see the shining universe like a picture. I speak to you—but what is speaking For one who is in the house of timelessness?

Oh, it is well furnished, the world has less. But why do you look strangely at me? It is so silent. Will you not talk with me In the house of timelessness where I live?

## Space everywhere

by Meenakshi Ramachandra (from Another Journey, 1998)

Merged in the larger space is my house, a smaller space.

Inside my house is my body. There, too, is space, where light dances in ecstasy.

Boundless.



## Inscription on a fallen leaf

by Gene Maslow

She passed this way,
The moonbeam gift
The moonglow thief—
Leaving at my feet
The fallen parchment leaves
She so long had gathered—
All of passion's fading hieroglyphs
Inscribed by life's lovers everywhere.

Her coming, her going Was an event, Foretold and settled, Between spans.

I am left now less spanless
With no urge to make foretellings
For no old dreams are left to take me out of time
...And, of men and events—
No concepts need precognition
(Form comes as a magnificent mystery discovered;
Without illusion)

I see as seeing is—
And all my aspirations
Shall be attained
Moment to moment.

My only desire is hungerless. The Grace, the Peace—Alive, active and conscious, Growing free.

No moon is sightless ivory— No beam is darkly silver-marked.



## **Brood, Eagle Mother**

by Seyril Schochen

Brood, Eagle Mother of eaglets with your wide-winging thought of love warming the small worlds beneath your prayer-feathered breast, that to freedom from darkness they break

> into the Light measureless of new horizons, their flight take from your nesting far into their future oneness with sky and yet higher aeries.

Brood, Eagle Mother of eaglets with your stern-pinioned plumes of love protecting the small globes until they stir, gathering strength for freedom from shell, to break

> into the Vast measureless of new horizons at last, far into their future oneness with Space

Oneness with Space and yet wider spaces.

Brood, Eagle Mother of eaglets with your far-seeing eyes of love scouting, for newly-hatched worlds, abysses canyoned below them, insight to map their flight

below as above measureless past ancient horizons into their future oneness with Time and yet farther Timelessness.

Brood, Eagle Mother of eaglets with your in-gathering sweep of love teaching its truth to all fledglings: heights and deeps we break into

> of eagle Wonders measureless, miracles breathing, breaking free of old shells to fly far into your future oneness on wings of love.



## A wide inexpressible peace

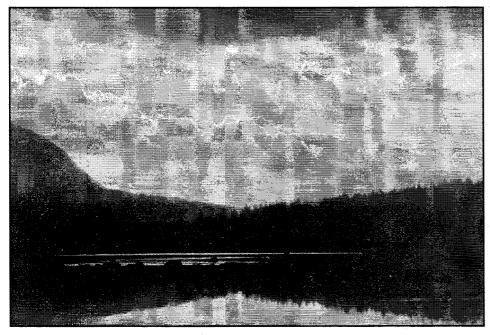
by Nirodbaran

A wide inexpressible Peace has taken my soul: A Presence pervading space, inscrutable, Is round me, vaster than the sea, sky-still. What rapturous pageants on my vision roll!

The deep and emerald ocean and green trees, A drunken horizon, white wings that soar on high And time-greyed towers against the evening sky, All vibrate now with throbs of silent Bliss.

Alas, how rare are such bright moments—brief Smile-flickers of the Unknown, they leave life dry, A barren tract like yonder rugged cliff Bleached by the blazing sun—a desert-cry!

O, shall eternal Peace be ever mine—Messenger unseen, angel of Love divine?



Clouds. (Photo by Aurela Sequoia)

## How can I?

by Shyam Kumari

How can I be satisfied By saying only once That She is lovely, That She is bright?

How can I be satisfied By saying only once That the stars are luminous, The morns majestic, The sun a marvel of golden light?

How can I be satisfied By repeating the magic of Her name But once?

Like the eternal refrain Of the winds and seas, All things sweet and true And high and profound Pulse forever through life.

Don't be annoyed, O friend,
If I repeat myself,
For even the Lord
Multiplies Himself
In creation's cadences
Of eternal days and eternal nights.



#### **Trials**

by Arun Mohanty

Till now content to live like others
I got tired of becoming like my brothers
Wanting to take a path not taken
I was scared that I'd be forsaken

I thought of a plan to spend my days
A plan to change my nomadic ways
To put to stop this life that I'm wasting
And charge my youth with something lasting

I missed something in life like hell But what it was I couldn't tell I searched my mind for some answer But that didn't help I got nowhere

Is the mind the perfect tool?
We take its help as a general rule
I was wrong in doing so
It did not show me the way to go

If mind won't help some suffering might So I put my self into a fight Scorched by the sun lashed by rain This body of clay got all the pain

Yet no difference I did perceive Nor any help I did receive Change of tactics, I now target The vital self before I regret

My life was void of any pleasure All I liked I shunned for sure I got callous I got tough I lost subtlety I got rough

This too did not work for me I had tried hard all measures equally It soon dawned one blooming day That there is yet another way

A method I had not tried out yet I surrendered to The Mother and all was set



The Mother. (Photo courtesy of Sri Aurobindo Ashram Trust)

## **O Beauty**

by Nirodbaran

O Beauty, I have sought Thee everywhere, But my eyes failed to find Thy hidden abode; Then a voice rang through the silver hush of air And I began my strange journey to God.

Now I have met Thy everchanging Face Swayed by a myriad inscrutable moods, Each an expression of Thy fathomless grace Showering the supreme beatitudes.

My soul's eternal quest fulfilled in Thee, I am to Thy heart inseparably bound; Thou hast revealed Thy human mystery To my aspiring senses; they are crowned

With visions that penetrate the veil of time Like a gleam of stars piercing a nebulous haze, And bring close to my spirit God's sublime Beauty sculptured in Thy mysterious Face.



## Beginnings and no end

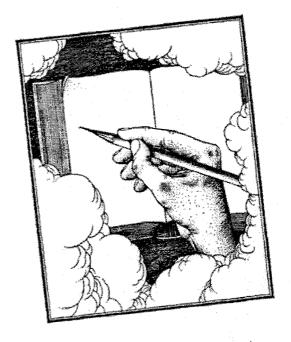
by Clifford Gibson

In the silent push of a secret force
I felt impelled like the stream
In a living wood that spoke to me
While gently, gently the layers around my heart
Were pulled away and I left crying.
No words for the one who stood asking
As I emerged from the green—
What's the matter? What's the matter?—
But only my tears on her shoulder in reply.
Would she have believed me if I had said
I have just come back from the dead?

What is this power which can rise in a human being And lift him free from his body and say—You think you have suffered in your little human life? Cut deep then, into your flesh.

Spill the blood
That now runs channeled in your veins,
Set free the life from the circuits of this mould And roam loose this great universe of pain,
You who cannot bear the little pricks of life
If you dare—
And then return him to consider
What is the meaning of a life that has no death?

This gentle stream which has pushed me
And made me feel so empty that I could not bear my life
And then led me into loving arms
And quiet spaces where silent stone speaks
Of consciousness infinite in the solid mass
Has found for me at every step
The aid I cried for in my heart and mind
And secret soul.



## two untitled poems

by Karl Kempton (from The Light We Are, 1985)

> I lift my eyes high among the branches that are my hands out of which leaves that are light fall.

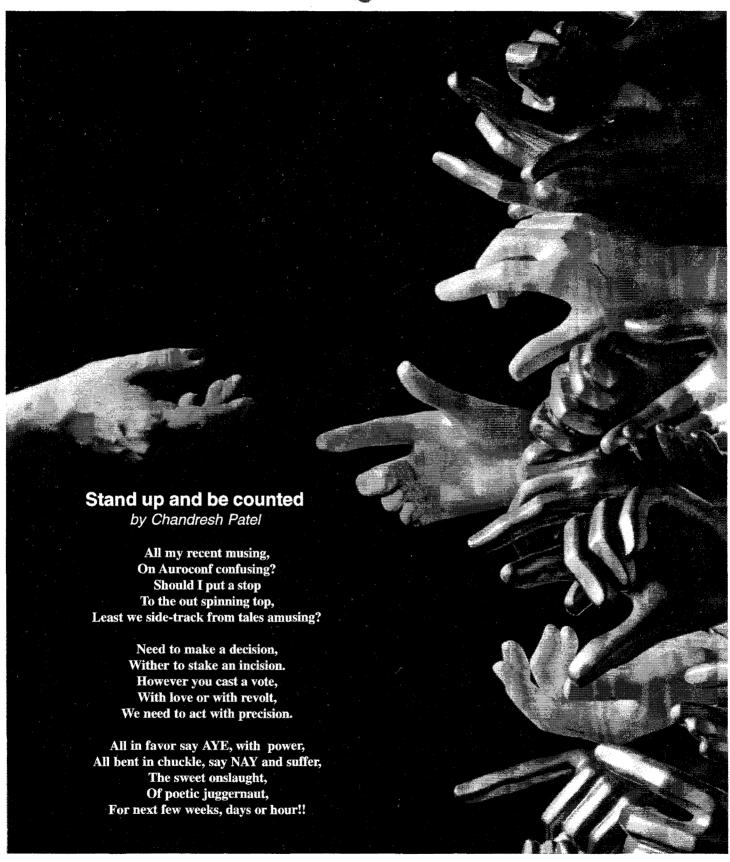
The light we are.

I know this because I have jumped into the body of mine that is light.

Like a hand in a glove
I have a body inside myself
the sweet fire of God's love
all aglow without burning heat
I expand throughout the universe
between you and me

all of this is a light show I know absolutely nothing about.





Searching hands. (Photo by Marta Belén)



## O Thy universe

by Shyam Kumari

I am so small And the universe so large, Yet I will die of longing If I cannot hold it all Within my single heart— For each living thing Sings to me of Thee. These flower-intensities tell Enchanting tales of Thy Beauty And lofty mountaintops hold high Eternal emblems of Thy Power, And might ocean-depths reveal A glimpse of They profundities. I cannot bear any part of Thee To remain unknown to me. Teach me, O Love, How to hold all Thy greatness In one tiny heart's sacred secrecy.

## Vital yoga

by Lynda Lester

You don't understand
I'm not really like this—
This is just the last of it.
It will be all over soon, Then I'll emerge free.
That's why I allow it now—
I'm only giving it its last chance.

You'll see.
I'm noble inside—
I'll be on top soon, very soon.
I'll put a stop to it, in just a few days—
It won't last more than another week—
I'm going to quit.
Then it will be done forever.

I know I've said it before
(Too many times to recall)
But this time I mean it.
This time it really will end
And I'll never fall to this condition,
Ever again.

And so you can realize Why I may be forgiven, And for the moment, Excused.

## A Glimpse of Supermind in Dreams

by Leslie Levy

Who can compare a dream to thought? Who makes Divine Plans? From this conundrum comes a vision That only a dreamer understands.

...A Doctor tinkers
With delicate machine-shop hands.
A quantum mechanic in a white lab coat
Welds the seams, wrenches the bolts

Of an intelligent contraption. Symbols flow sequenced without language or caption ...Dreams are a fluent realm.

In a bullet-train-car without a helm Test-run on an undulating track He throws mutable switches Forward, sideways, looping back

I'm along for the calibrated ride no matter my decision Circuitous and random, synchronous in tandem Fuzzy, flexible, fine-tuned precision

Is this a particle accelerator, A model monorail Or a plastic roller-coaster scaffolding? Beyond mind, no destiny can fail.

That's how it feels in a dream. When I think of the potential energy of the future, I hold my arms up and scream.

Positioned HERE/NOW
In this unbisected point
All mental projections
are as true as a fun-house reflection.

Warped surfaces through a curved lens Where the center of everything blends. I'm queasy with coordinates In the state of the art of dream-state.

Life collaborates with Fate
...That's how it seems in dreams
Where light animates the still dark—
Doctor God's concretized the quark.

Evolution Elaborates Stark On board a refractory arc.





Aspiration. (Photo by Marta Belén)

## Give me wings by Ranajit Sarkar

Give me wings and I shall rise Like dreamless flames of burning white, And pluck the gold of waking skies That glimmer in a mute delight. Light the heavens with azure bliss, Remove the darkness of the deep, Take me where the Spirit is,-My heart no more shall be asleep. Angels shall not faster fly If you, O Soul, my pilot be; I shall find the Heavens high And magic doors of Eternity. Touch me with your deathless fire And show me Truth's dire, steadfast eyes, Lift me from the doleful mire-O, give me wings and let me rise.

## Mother's Darshan (Matagiri, April 23, 2000)

by Cassia Berman

Because Your Lap is everywhere I sit I can be comfortable now in the world.

Because this body is the enchantment in which You've placed me I can be at peace now with all the strange turns in this story I'm living.

Because I am like a baby kitten whose eyes are not quite open to Your vast Consciousness I can surrender at last to the blows and blessings of life as Your rough tongue that I can't see licks me awake and clean of this world's frenzy.

"You belong to me,"
You say on darshan day
Your ever-shining Presence making
human wounds and problems fall away
like shadows.



Mother's Darshan. (Photo courtesy of Sri Aurobindo Ashram Trust)



### A lily or the rose

by Sharon L. Winnett

To love the self, our deepest core how does this feel such wonder prods to help reveal compelling one to grow sensing it in many things seeing others have some clue how to claim one's own? the key to inner happiness perplexes a staggering mind a gate so long policed safeguarding our vital spark allows so little gentle warmth to penetrate the soul how to just let go the hold? banishing the hired gun devouring the light all the lessons we've been told clutching the heart in bitter cold jeering thoughts embedded in the mind plundering essential vitality to live and thrive. no one who cares agrees somewhere we know these are false decrees of lacking some secret ingredient for a meaningful sense of life still we carry on this fight. If there is no reality when under a scrutinizing light what's to lose in opening end the suffering endless days of inner strife shrinking fear of judgment's knife. reclaim the body control a turbulent mind throw out old beliefs especially those that sneer and chide making a mockery of all one tries every source of misery cast aside to let compassion dwell inside.

This earth is born to flourish an inalienable claim to life who didn't come by birth alone or by death have to say goodbye? a world dependent on diversity no two things are alike so who's to say who is less or more unworthy of the right to share in love and life's delight. a weed to you, a flower to me each tiny snowflake born unique beautiful by its shape and size sharing a common sky.

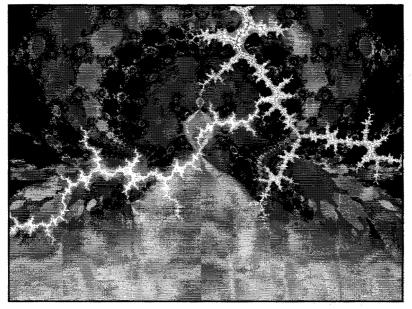
All dreams of mind and heart reveal meaning in our life memories held tell of our plight causes of the suffering hurt until we cringed in fright a twilight shroud of inner gloom. But we do not stand alone every being shares in woe someone quiet is listening somewhere someone knows in heart-to-heart a joy is born transforming pain into love we hold the key to our eternity transformation is our journey.

the cross of our mortality is all the losses borne it makes us deep and sensitive but in its penetrating soil can grow a beautiful epiphany a flower all our own that asks no reason for its blossoming only seeking to unfold as it was always meant to be as a lily or the rose.



Rose. (Drawing by anonymous sadhika)





Exit from Hyperspace. (Fractal art by Jim Hurley)

## Just before the end of the former world

by Bernard Sage

On the knees for yoga Consciously breathing Heavy rain on the street

The flash of lightning illuminates My only friend The crane of the building-site Standing just before my door

In the dark frame of my window It is a totem in flames Lasting very long in the inner time

But I know:

Then the thundering shock will come That will bring the evening-birds to silence And my mind too

All the bulbs of the district will have exploded at the same time And the rain will have intensified Deafening the world outside

Simply in order that I feel a bit less lonely Alone with the Presence



#### The Well

by Leslie Levy

Is the well exempt from seeking a watering hole From dowsing significant others who need a drink How deep the drill dug by an ulterior mole Provision based on what people think What is the source of motivation The outcome of every goal How low how clear does the tap run From the septic sink of the soul Where lies the spring of ten thousand things we endear Putting first things first Who is the One who fulfills the quest of our thirst When will we be ultimately sate Drawn to the Reservoir that never spills Very great! Very great!



The Mother. (Photo courtesy Sri Aurobindo Ashram Trust)

#### She is all sweetness

by Pujalal (from Desert Notes, 1933)

All sweetness is She—our Mother divine, And makes us drunk with ambrosial wine, This wine from the essence of love She brews; And it sparkles with joy's eternal hues.

Her heart is a honey-comb where in each cell, Spacious as heaven, oceans of sweet honey swell For us, Her children allaying our dearth, To make Paradise here of the woeful earth.

Her eyes heart-inviting rain kindness and grace Bathing in showers of Her deep sweetness; Her smile is of moonbeams a gossamer charm In which we forget earth's pain and alarm.

Her touch is the most miraculous Of all things ever felt or known; It drowns us in nectar rapturous Building to godhead flesh and bone.



## **Ultimate quest**

by Nirodbaran

At earth's far end I sat alone Upon a jutting slab of stone, And watched the blue infinity Carrying its strange mystery.

I saw fall on its breath of foam An opal hush from twilight's dome, I saw night wrap in starry veils The folds of the moon-crested sails.

A shining figure from the sea With golden wings came near to me And said, "Down in my wonder-deep White dreams and pearled visions sleep

Under a dark eternal seal; To those who plunge I can reveal Immortal splendours of sun and moon Flowing from my cave of timeless swoon.

Throw off the earth's yoke from thy soul, My jewelled kingdoms shall unroll Beyond thy dream-gaze and be thine, Crowned with my measureless boons divine."

He vanished in the slumbrous night, But left a zone of heavenly light Around me and my whole being and sense Filled with his haloed magnificence.

With break of dawn the vision passed From memory and I was cast Into the whirl of time's abyss, Its wheel of circling histories.

But to my eyes the wide world seemed Like a dry seed; a grey sheath gleamed Over its surface weary and old; Life lay in death's invisible hold.

Within by a fire and stillness pressed I turned to my spirit's ultimate quest In the inviolable shrine of God: I made his Vast my lone abode.



#### Whence The Muse?

by Chandresh Patel

Microprocessors, VLSI and oscillators, Perl, VHDL, Verilog and C, Are the daily scintillators My crufty life is made of, you see.

Trekking on the grassy Mission Peaks,
Or sauntering in the Sanborne Park forests,
Are haunts of part-time reflectives,
Along with SCUBA, among the elusive quests.

Make no blunder, don't even wonder,
This is NOT the only bower
Under which I devour
Hours of frolic, lightening and thunder.

When life is Lighter and Happier,
The Grace works on the base
Of vital to broaden and make it sassier,
Matching a piece in the Ultimate Divine Maze.

Beware O traveler, the shadows abound
In the ups and downs of the daily rut;
It's easy to climb the silicon mound—
Ego is around the corner, the dark fangled mutt.





## Matagiri (Mother's mountain)

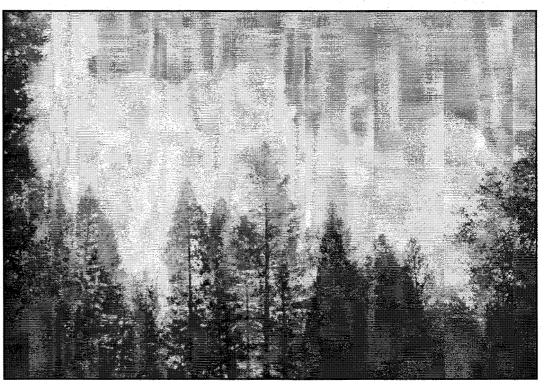
by Deirdre Maguire

Beautiful mountain what do you do

what do you do when pewtered clouds obscure you from my view

when lightning
thrills the sky
I wonder
what ancient mantras
do you chant
within the sound of thunder...

Or do you pray and bide the time till each man knows The Way to climb.



Mountain rising. (Photo by David Hutchinson)



## Prayer for traveling by Gene Maslow

Around the couch of felicity, in my greater dream, there is in your Reality a constant embracing stream.

Its rhythm trills the Atman lute, its light a widening peace, but in the silver song of night is where it need increase.

Each vision is an imprint the experience is true. But there in the vaguer bleakness may I be touched by you! The sum of notes creates a tune but the melody is not the dance until the fire of your embrace has, in it, Presence—voice of chance!

The summit peak—a glory blessed by your lotus feet—but may I have and see your first on the God-forsaken street!

In all I hear you calling and in all I lost my heart.
Guide me, but bless me—above all, this:
We'll never be apart.

## Cleaves by Leslie Levy

Seems the greatest beauty cleaves to objects which have the least use Who wants to be used anyway Desireless, I cannot seduce All the toys with which I'd like to play

Every flower I might like to pick Is innocence not destined to burn No matter how slowly you light the wick

What precious truth do we dare spurn For the pleasure of the next trick What more redundant lessons must I learn

May All useful experience stick to the fire of One Sacred heart Divine Love cannot be torn apart.



Her hands. (Photo by Marta Belén)



# Authors & artists

Vigyan Agni lives in Auroville and works at Matrimandir.

Gale Arnold lives in Boulder, Colorado.

Dick Batstone lives in Wiltshire, England, where he operates Batstone Books, which carries titles on the Integral Yoga. He may be reached at 12 Glouchester St., Malmesbury, Wiltshire SN 160AA, England.

Cassia Berman lives in Woodstock, New York. She teaches poetry workshops, as well as classes in T'ai Chi and Qi Gong. Her poems have appeared in many magazines and anthologies, and her collection of poems, "Divine Mother Within Me," is available from her. She may be reached at cassia@netstep.net.

Wayne Bloomquist lives in Berkeley, California. He is an author and a past president of the Sri Aurobindo Association, and for years distributed Sri Aurobindo books under its auspices. He has organized two conferences on cellular transformation, Berkeley California in 1995 and Pondicherry in 1998. He may be reached at calcutta98@hotmail.com.

Vishnubhai Eschner is vice-president of Auromere Imports, a vice-president of the Sri Aurobindo Association, and a resident of the Sri Aurobindo Sadhana Peetham in Lodi, California. He may be reached at vishnu@lodinet.net.

Mary "Angel" Finn lives in Boston, Massachusetts. She was married to the late Eugene "Mickey" Finn, who started the Boston Center for the yoga. Angel continues to maintain the center at her home with the help of other members. She has been writing devotional poetry since 1987. She may be reached at 108 Kilmarnock St., Apt. 102, Boston, MA 02215.



Clifford Gibson lives in Tokyo, Japan, where he is a professor of English. He was a resident at Matagiri in the 1970s, and continues to maintain ties with the center. He may be reached at 3-16-1-401 Zoshigaya Toshima-ku, Tokyo 1710032 Japan.

Rod Hemsell is an educator in Crestone, Colorado. He organized the 1999 AUM Conference, and for many years was a resident of Auroville. He may be reached at rodhemsell@yahoo.com.

Vanessa Henshall lives in Delanco, New Jersey. She has been writing poetry and short stories since the age of ten. She may be reached c/o Collaboration.

Jim Hurley is a graphic artist, teacher, and web designer. He is a founder of the Integral Yoga Web site, and lives in Sunnyvale, California. He can be reached at hurleyj@arachnaut.org.

Timothy Jacob lives in West Hurley, New York, near Matagiri.He was a resident of Matagiri in the 1970s and early 1980s, and continues to visit regularly. He may be reached at 288 Spillway Rd., West Hurley, NY 12491.

Karl Kempton lives in Oceano, California, (half way between Los Angeles and San Francisco), where he and his wife grow wheatgrass and sunflower sprouts serving the local health food stores and individuals in a sixty mile radius. His poems have been widely published in the U.S.; his visual poems have been published and exhibited around the world. Over thirty books, mostly visual poems, have been published by small independent publishers. He co-edits an electronic visual poetry magazine, KALDRON, at <a href="http://">http:// www.thing.net/~grist/l&d/kaldron.htm>. His connection with Sri Aurobindo and the Mother began in 1982 through his guru, Swami Niranjananandaji, who spent a year with the Mother in the early 1960s. He can be reached at nrview@thegrid.net.

Joseph Kent is a poet living in San Francisco. He has published two books of poetry, White Wind and Streams, and his poetry and other writings have been published in numerous periodicals. He studied and worked with Haridas Chaudhuri, and is a long-time member of the Cultural Integration Fellowship. He may be reached at sunli8@msn.com.

Gordon Korstange lives in Saxtons River, Vermont, and teaches writing in the public schools. He has been involved with the Integral Yoga since meeting Mother in 1970. His poetry book, *The Road Behind Whitens in the Sun*, was published by Writers Workshop Press of Calcutta. Gordon may be reached at gkorstange@floodbrook.k12.vt.us.

Shyam Kumari is a professor in the Sri Aurobindo International Centre of Education. She has authored many books in English and Hindi, including three books of English poems for children. A collection of 300 published English poems, *O My Love - Here and Beyond*, will come out this year. She may be reached at shyamkumari@eth.net.

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**Deirdre Maguire** lives in Chestnut Ridge, NY. She is a long-time friend of Matagiri. She may be reached at 241 Hungry Hollow Rd., Chestnut Ridge, NY 10977.

**Douglas Clark Manley** is a participant of the Integral Yoga mailing list. He may be reached at manleyc@rhtc.net.





Gene Maslow (1925-1998) was an artist from New York City who, after encountering the Integral Yoga, left everything to go to India. He spent several years in the Ashram and then, at the Mother's behest, became one of the first settlers in Auroville. He devoted his life to making the arts not just an instrument of beauty and delight, but also for spiritual growth.

Arun Mohanty lives in the Sri Aurobindo Ashram in Pondicherry, working in the bakery and as a physical education instructor. He became a student in the Sri Aurobindo International Centre of Education in 1979. He may be reached at arunm@sriaurobindoashram.com.

Kamalakanto Mukerjee was born in West Bengal and joined Sri Aurobindo Ashram in 1949. In 1970 he was invited to the "World Poets' Meet" in Manila, sponsored by United Poets' Laureate International; that august body made him an honorary member and conferred on him the title of "Sacred Poet of India." He was also a member of the "World Poets' Society International" (USA) and "Cinque Ports Poets' Society" of England. Many of his poems have been anthologized in India and abroad. Kamalakanto died at the nursing home at Sri Aurobindo Ashram in 1999.

Nirodbaran, now 96, lives in the Sri Aurobindo Ashram in Pondicherry. He was a close disciple and physician of Sri Aurobindo, who guided him in writing poetry. He is the author of numerous books and articles, including Fifty Poems of Nirodbaran with Corrections and Comments by Sri Aurobindo. He may be reached at the Sri Aurobindo Ashram, Pondicherry India 605 002.

Chandresh Patel lives in San Jose, California where he works in a computer software firm. He is a vice president of the Sri Aurobindo Association, and on the board of Auroville International USA. He was a student in the Ashram school during Mother's physical presence. He may be reached at cpatel@best.com.

Pujalal (1901-1985) was a member of the Sri Aurobindo Ashram in Pondicherry, India. He wrote two books of poetry, Lotus Petals and Rosary. He was one of the few early disciples who was present on Sri Aurobindo's Siddhi day in 1926. He used to clean Mother's bathroom; he taught Sanskrit; and he translated Savitri into Gujarati. Mother took keen interest in his poetry and had his poems read to Sri Aurobindo.

Meenakshi Ramachandra lives in Auroville and can be reached at tvm@vsnl.com.

Bernard Sage is a foreign language teacher in Marseilles, France. He became acquainted with Sri Aurobindo's teaching in 1967, at which time he began writing poetry. Since 1997, when he joined the online community, he has devoted more of his life to the Integral Yoga. He maintains a website on the yoga, and may be reached at bsage@online.fr.

Sarbani lives at the Gnostic Centre, New Delhi.

Ranajit Sarkar was a student and later a teacher (1945-1965) at the Sri Aurobindo International Centre for Education. He has published poems in Bengali (three books) and English. His doctoral thesis, The Poetics of Sri Aurobindo in Relation to Western Literature, was completed in 1968 at the University of Aix-en-Provence. From 1969 until his retirement in 1987 he taught Sanskrit literature and Indian Culture at the University of Groningen (Holland). He can be reached at P.L.M. Sarkar-van. Geen@let.rug.nk

Seyril Schochen lives in Crestone, Colorado. A former long-time resident of Auroville, Seyril now maintains the Sri Aurobindo Learning Center, Inc., a non-profit educational foundation. She may be reached at Savitri House, P.O. Box 88, Crestone, CO 81131.

Larry Seidlitz lives at the Sri Aurobindo Sadhana Peetham Ashram in Lodi, California. He was associated with Matagiri for many years and served on its board. He is also a research psychologist. He may be reached at larry\_seidlitz@hotmail.com.

Aurela Sequoia lives in Washington. She is a past resident of Auroville, and founded the Sri Aurobindo Saranam center in Washington State. She can be reached at asequoia@earthlink.net.

Matthew Smith, 19, is a student at the Sri Aurobindo International Centre of Education in Pondicherry, India, and wrote A walk into God when he was 12 years old. Matthew may be reached at smatt@tupac.com.

August Timmermans, originally from the Netherlands, lives in Bangkok, Thailand. He is one of the moderators of the Integral Yoga email forum. He lived for eight years in India, mainly in Auroville. He may be reached at augustti@bu.ac.th

Alicia Torres is a professional poet, writer and translator living in Caracas, Venezuela. She has practiced the Integral Yoga since the early nineties, when she was living in London. In 1994 she spent many months living in Pondicherry. She may be reached at altorres@cantv.net.

Clyde Whalen is a friend and neighbor of Angel Finn, who runs the Boston Center. Clyde is an entertainer, and had a comedy television show. He also does stand-up comedy, and recently has begun producing. He may be reached at 108 Kilmarnock St., Apt. 108, Boston, MA 02215.

Sharon Winnett lives in Billings, Montana where she teaches therapeutic creative writing at a day treatment center for the mentally ill. She has been involved in the Integral Yoga since 1982, and has been writing poetry since 1985. She may be reached c/o Collaboration.

Kirsten Zadekia Xanthippe lives in Sacramento, California where she works for the California State Assembly. She plays and sings early music and paints and draws for fun. She may be reached at zadekia@pacbell.net.





## Apropos

How silent the woods would be if only the best birds sang.—Anonymous

If it makes my whole body so cold no fire can warm me, I know that is poetry.—Emily Dickinson

Poetry is the synthesis of hyacinths and biscuits.—Carl Sandburg

It's amazing how long it takes to complete something you're not working on.—R. D. Clyde

The only demand I make of my readers is that they should devote their whole lives to reading my works.— James Joyce

The moment of change is the only poem.—Adrienne Rich

I do not think that Rousseau's poem "Ode to Posterity" will reach its destination.—Voltaire

Writing free verse is like playing tennis without the net down.—Robert Frost

If you can't be a good example, then you'll just have to be a horrible warning.—Catherine Aird

Old MacDonald was dyslexic, IEIEO.—Billy Connolly

None are so old as those who have outlived enthusiasm.— Henry David Thoreau

I don't like poets. I probably wouldn't mind them so much if they didn't write poetry.—Polly Walker

Art is like a border of flowers along the course of civilization.—Lord Beaverbrook

## Dwn wth vwls.

## —Ruth Ollins

Poets have been mysteriously silent on the subject of cheese.—G.K. Chesterton

I was reading the dictionary the other day; I thought it was a poem about everything.—Steven Wright

Even if you're on the right track, you'll get run over if you just sit there.—Will Rogers

I've written some poetry I don't understand myself.—Carl Sandburg

When power leads man towards arrogance, poetry reminds him of his limitations. When power narrows the area of man's concern, poetry reminds him of the richness and diversity of his existence. When power corrupts, poetry cleanses.—John F. Kennedy

Poetry is the rhythmical creation of beauty in words.— Edgar Allan Poe

You will not find poetry anywhere unless you bring some of it with you.—Joseph Joubert

Poetry and art are born mediators between the immaterial and the concrete, the spirit and life.—Sri Aurobindo

All poetry is putting the infinite within the finite.—Robert Browning

A poem begins in delight and ends in wisdom.—Robert Frost

Art is not a thing; it is a way.—Elbert Hubbard

There's a new dictionary for masochists. It has all the words, but they're not in alphabetical order.—Frank Tyger

Nothing is more terrible than activity without insight.— Thomas Carlyle

I have nothing to say, I am saying it, and that is poetry.— John Cage

Between them, music, art and poetry are a perfect education for the soul; they make and keep its movements purified, self-controlled, deep and harmonious.—Sri Aurobindo

